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ASSOCIATION FOR  
MENTAL HEALTH AND WELLNESS



To Advocate. To Educate. To Empower. Together.



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(From Left to Right) Mike Stoltz - CEO, Anne-Marie Montijo - Deputy Director for Strategic Initiatives, Marcelle Leis – Director, Joseph P. Dwyer Veterans Peer Support Project, Skeery Jones - Host, Silas W. Kelly - Member of The Board of Directors

*Tune in On Sunday Morning, October 2, 2016 from 6am to 6:30am to Z-100's Weekly Public Affairs Show, "Get Active" And Listen as Mike Stoltz, Ann-Marie Montijo, Marcelle Leis, and Silas W. Kelly discuss The Organization's Mission, and how you can help!!!!*

*Hear Extensive Details About "Mental Health Awareness Week" And The Wide Array Of Events and Activities From 10/2/16 to 10/8/16*

*This Show was Co-Produced By Skeery Jones, Executive Producer of Z-100's "Elvis Duran Morning Show", Who Will Also Be Hosting The Program and*



*Silas W. Kelly, LMSW - NYS NASW Member and "Social Work Media Specialist" who will also be an on-air guest*

*Ways to Listen: Radio: WHTZ 100.3- FM, Internet: Z100.com, Satellite Radio: XM, Ch.12, Your Phone/IPOD: Download the "I Heart Radio" app to your phone at [www.iheartradio.com](http://www.iheartradio.com)*